

MT. TAMALPAIS STATE PARK (MTSP) HIKE SCHEDULE - 3rd Quarter 2009

Sponsored by the MT. TAMALPAIS INTERPRETIVE ASSOCIATION (MTIA)

(Hike routes are over uneven terrain and are NOT accessible for everyone.)

SATURDAY HIKES are moderately paced, about 5 - 7 miles, may have up to 1500' elevation gain. Bring lots of water and a light lunch.

Hikes start 9:30 AM sharp, from the following trailhead locations. (Usually returning between 1:15 PM to 2:30 PM that day.)

Jul-04 Rock Spring	Celeste Burrows	Historic Camps/Trails	Aug-22 Pantoll	Filia Franco	Mt. Tam Trivia
Jul-11 Rock Spring	Jordan,	Murder on the Mtn.-The Game	Aug-29 Pantoll	Marguerite Murphy	Ocean Views
Jul-18 Bootjack	Jacqueline Craig	Streams	Sep-05 Bootjack	Rani Devadasan	Meditative Meander
Jul-25 Pantoll	Marguerite Murphy	Plant Communities	Sep-12 Rock Spring	Tom Dewey	Mt. Tam History
Aug-01 Rock Spring	Tom Dewey	Mt Tam History	Sep-19 Rock Spring	Jordan Herrmann	Scenic Photography
Aug-08 Pantoll	Madelyn Misite	Steep Ravine	Sep-26 Rock Spring	Jacqueline Craig	Fall Equinox
Aug-15 Mtn.Home	Franklin Young	Muir Woods History			

Astronomy Night: Saturday Nights at Mt.Theater on July 25, August 22, and Sept 19 beginning just before Sunset.

SUNDAY HIKES start 9:30 AM sharp, from the following trailhead locations. Bring plenty of water and a light lunch.

(MTIA recommends starting out with an Easy or Saturday Hike (see above), before going on a Moderate or Fast Paced Sunday Hike.)

				E Aug-09 Rock Spring	Bill Stevens	Tam Trivia
M	Jul-05 Rock Spring	Steve Balok	Northside Wandering	E Aug-16 Frank Valley	Edna Hickok	Tam Meandering
M	Jul-12 Bootjack	Robert Feist	Gourmet Potluck	M Aug-16 Frank Valley	Franklin Young	Peaks of Mt.Tam
F	Jul-12 Bootjack	Linda Futrell	Gourmet Potluck	E Aug-23 Rock Spring	Dori Organ	Water Check
E	Jul-19 Rock Spring	Edna Hickok	Tam Meandering	M Aug-30 Rock Spring	Celeste Burrows	Northside Riparian
M	Jul-19 Rock Spring	Steve Balok	Trekking - Alpine Lk.	E Sep-06 Pantoll	Bill Stevens	Tam Trivia
E	Jul-26 Bootjack	Sue Nelson	Summer on Mt. Tam	E Sep-13 Rock Spring	Dori Organ	Mt Tam Geology
M	Aug-02 Frank Valley	Celeste Burrows	Visit Tam Lodges	E Sep-20 Rock Spring	Edna Hickok	Fire Ecology
				E Sep-27 Rock Spring	Dori Organ	Mt Tam Ferns

E Easy Sunday Hikes-Slower paced hike 2 to 5 miles with under a 1000'elevation gain.For beginning hikers, senior hikers&in-betweeners.

M Moderate Sunday Hikes- 7 to 9-1/2 miles, over hilly, rocky terrain, up to a 2,200' elevation gain and are quicker paced.

F Faster Sunday Hikes-Strenuous, aerobic, fast paced hike, 10 to 14 miles, with up to a 3500' elevation gain.

WEDNESDAY EVENING HIKES start at 6:00 PM during July and 5:30 in August and Sept. These hikes last about two hrs.covering 2-3 mil

Jul-01 Rock Spring	Steve Balok	6:00 PM	Aug-19 Rock Spring	Karen Sapper	5:30 PM
Jul-08 Pantoll	Sue Karp	6:00 PM	Aug-26 Mtn.Home	Sue Karp	5:30 PM
Jul-15 Bootjack	Anna Jane Reid	6:00 PM	Sep-02 Trojan Pt.**	Jordan w/Potluck	5:30 PM
Jul-22 Mtn.Home	Steve Balok	6:00 PM	Sep-09 Bootjack	Karen Sapper	5:30 PM
Jul-29 Bootjack	Sue Karp	6:00 PM	Sep-16 TBD	Check Web Site	5:30 PM
Aug-05 Trojan Pt.**	Jordan w/Potluck	5:30 PM	Sep-23 Mtn.Home	Karen Sapper	5:30 PM
Aug-12 Pantoll	Karen Sapper	5:30 PM	Sep-30 TBD	Check Web Site	5:30 PM

****Special Wed.Night Hikes with a Potluck and Sunset/Moonrise views. (Moonrises - 8:07 PM, Aug.5, 6:37 PM, Sep.2.)**

MOONLIGHT HIKES leave Pantoll Ranger Station approx 15 minutes after sunset. This MODERATE hike is about two miles long a will last about two hours. Hikers should bring a small flashlight and dress in layers. Questions or concerns relating to the moonlight hikes, contact Rob Ross at (415) 716-8397. Attendance on these hikes is limited and is on a first come first serve basis.

July 4th - 8:30

August 1st - 8:00

September 5th - 7:30

Parking may be limited at the trailheads. Carpool, or Public Transp.,call 499-6099 or Marin-StageCoach.org for bus info.

If the Upper Mountain is closed for fire danger. Hikes from Bootjack, Laurel Dell, Rock Spring, Trojan Point and East Peak will start from Pantoll and will stay below Panoramic Highway.

Map to Trailheads Trailheads are shown on the map on the reverse side of this schedule.

HIKE Info Phone Call **(415) 258-2410** to hear a taped message about upcoming hikes. Due to last minute illness of a Hike Leader or unforeseen road or traffic conditions or not being able to find a replacement , a Hike Leader may not be able to get to the trailhead. In that case hikers ashould seek info at Pantoll Ranger Station

MTIA Web Site: mttam.net Be sure to go to **mttam.net** for the latest Hiking Schedule TBDs, changes and more detailed info about the Hiking Programs & Mt Tamalpais State Park brought to you by MTIA.

California St Parks Website Go to <http://www.parks.ca.gov/parkindex/> to find Mt. Tam and all the other great California State parks.