

MT. TAMALPAIS STATE PARK - HIKE SCHEDULE - 1st Quarter 2009
Sponsored by the MT. TAMALPAIS INTERPRETIVE ASSOCIATION (MTIA)

SATURDAY HIKES are moderately paced, about 5 to 7 miles, may have up to 1500' elevation gain. Bring lots of water and a light lunch.

Hikes start 9:30 AM sharp, from the following trailhead locations. (Usually returning between 1:15 PM to 2:30 PM that day.)

Hiking boots are recommended. Hike routes are over uneven terrain and are NOT accessible to everyone.

Jan-01 Rock Spring *Annual New Year's Day Hike

Jan-03 Rock Spring	Marguerite Murphy	Mushrooms	Feb-21 Pantoll	Tom Dewey	Mt Tam History
Jan-10 Pantoll	Karen Sapper	Steep Ravine	Feb-28 Rock Spring	Jordan Herrmann	Local Climate Change
Jan-17 Pantoll	Jacqueline Craig	Winter Wonders	Mar-07 Bootjack	Madelyn Misite	Trail History
Jan-24 Mtn.Home Inn	Filia Franco	Mt Tam Trivia	Mar-14 **Mtn.HomeInn	Jordan Herrmann	Hike Starts@12:45PM
Jan-31 Rock Spring	Rani Devadasan	Meditative Meandering	Mar-21 Rock Spring	Tom Dewey	Mt Tam History
Feb-07 Bootjack	Anna Jane Reid	Trail History	Mar-28 Mtn.Home Inn	Filia Franco	Mt Tam History
Feb-14 Mtn.Home Inn	Filia Franco	Mt Tam Trivia			

Special Hike - *Annual New Year's Day Hike from Rock Spring to East Peak, Souvenir Pin and Refreshments.

Notice **March 14th Start Time for this Hike is Different--Hike starts at 12:45 PM-- Hike After Annual Meeting at Alpine Club.**

(Be sure to attend the MTIA Annual Meeting, at the Alpine Club, from 9 AM to Noon, on Mar. 14th.)

SUNDAY HIKES start 9:30 AM sharp, from the following trailhead locations. Bring plenty of water, a sun hat and a light lunch.

(MTIA recommends starting out with an Easy or Saturday Hike (see above), before going on a Moderate Sunday Hike.)

Hiking boots are recommended. Hike routes are over uneven terrain and are NOT accessible to everyone.

Jan-01 Rock Spring *Annual New Year's Day Hike

E Jan-04 Bootjack	Samantha Toffoli	The Bird Migrations	E Feb-22 Rock Spring	Bill Stevens	Tam Trivia
E Jan-11 Muir Woods	Nancy Skinner	Untold stories-Muir Wds	M Mar-01 Mtn.Home Inn	Karen Sapper	Fern Creek
E Jan-18 Bootjack	Bill Stevens	Tam Trivia	M Mar-08 Bootjack	Jordan Herrmann	Coastal to Muir Woods
E Jan-25 Bootjack	Sue Nelson	Winter on Tam	E Mar-15 Rock Spring	Nancy Skinner	Illegal Mtn.camping
M Feb-01 Pantoll	Robert Feist	Mt Tam History	M Mar-22 Bootjack	Bob Willoughby	Spring Wildflwrs.10 mi
E Feb-08 Mtn.Home Inn	Nancy Skinner	Hotels & Inns on Mtn	E Mar-29 Bootjack	Edna Hickok	Wildflowers
E Feb-15 Pantoll	Samantha Toffoli	Birds of Late Winter	M Mar-29 Bootjack	Celeste Burrows	Northside History

E Easy Sunday Hikes-Slower paced hike 2 to 5 miles with under a 1000'elevation gain.For beginning hikers, senior hikers&in-betweeners.

M Moderate Sunday Hikes- 7 to 9-1/2 miles, over hilly, rocky terrain, up to a 2,200' elevation gain and are quick paced.

If the Upper Mtn.roads are closed for Fire Danger? Hikes scheduled to start from Bootjack, Laurel Dell, Rock Spring, Trojan Point and East Peak will start from Pantoll. The hike will be rerouted to stay out of the closed area.

Does rain cancel? The hike leader will be at the trailhead to check conditions and make that decision.

Map to Trailheads Trailheads are shown on the reverse side of this schedule.

HIKE Info Phone Call **(415) 258-2410** to hear a taped message about upcoming hikes. Due to last minute illness of a Hike Leader or unforeseen road or traffic conditions or not being able to find a replacement leader, a Hike Leader may not be able to make it to the hike. In that case hikers are advised to seek information at Pantoll Ranger Station.

MTIA Web *mttam.net* Be sure to go to ***mttam.net*** for the latest Hiking Schedule changes and more detailed info about the Hiking Programs & Mt Tamalpais State Park brought to you by MTIA.

Cal State Web Site Go to <http://www.parks.ca.gov/parkindex/> to find Mt. Tam and all the other great California State Parks.